



Dear Elementary School Parents/Guardians:

Your child's success in school depends on many things. Having enough to eat and eating nutritional food will improve your child's success in school.

If you are in need of healthy food for your child or children on weekends during the school year, this letter is important because we would like to help you.

Elementary-aged children attending Central Dauphin School District who face hunger and food insecurity can participate in NutriPacks, a project of the Panther Ram Foundation. Participation is easy, respectful of your privacy and available without cost.

Six to 10 pounds is available for each child every week. Kinds of food varies from week to week and includes cereal, granola bars, juice, pasta, peanut butter, vegetables, soup and tuna. Fresh fruit, fresh vegetables and a half-gallon of milk are also provided. Vegetarian options are also possible.

Your family is responsible for picking up packages of food each week at one of many convenient locations in the district. And should you decide that you no longer need or wish to participate, we need to know so that food does not go to waste.

Recipes, a newsletter and nutrition events are also part of the NutriPacks program.

**To participate in the NutriPacks program, please complete the attached form and return it to your child's school no later than September 15.** Even if you are a previous participant, please fill out the form. A welcome letter with instructions will follow with the addition of a new text messaging service through Remind.com. Food distribution for the 2017-18 school year will start October 4 and stop in May.

NutriPacks is not the same as a school cafeteria's free and reduced meal program during the school day. Go to the district website or ask at the office of your school for more information on that program.

NutriPacks is committed to the social, emotional and academic well-being of children in need in Central Dauphin School District. Program partners include the Central Pennsylvania Food Bank and is funded by businesses, corporations, faith institutions, foundations, grants, individuals, organizations and others.

If you have any questions, ask in the office of your child's school to speak to the NutriPacks site facilitator. Thank you for the opportunity to serve you should you need this assistance.

Sincerely,

NutriPacks Advisory Committee  
[www.cdsdnutripacks.com](http://www.cdsdnutripacks.com)

